

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

The North American Society for the Study of Personality Disorders (NASSPD) 2021 Annual Conference (MD71)

April 16-17, 2021

Friday, April 16, 2021 – 8:45 am to 5:35 pm

Saturday, April 17, 2021 – 8:30 am to 5:05 pm

Virtual Zoom Event

Course Director
Stephanie Stepp, PhD
NASSPD President, 2019-2021

NASSPD 2021 Annual Conference

Zoom Event

April 16-17, 2021

Introduction

The North American Society for the Study of Personality Disorders (NASSPD) is an organization devoted to research concerning personality disorders.

During the past decade, the view of personality disorders has changed dramatically. Rather than being seen as chronic conditions, it has been found that they have a particularly good symptomatic outcome. We are committed to further research on these disorders. We are also committed to informing clinicians, patients, and their family members about the latest information concerning this set of disorders. Finally, we are committed to aggressively advocating for the funding that these common but disabling disorders deserve. As we move forward, we look to established leaders in the field for guidance. We also hope to cultivate a new generation of researchers who will advance the field and by doing so, will lessen the suffering of these challenging patients.

The two-day conference will be for learning and networking. NASSPD is committed to informing others about the latest in personality disorder research. From inspiring keynotes to engaging workshops and presentations, NASSPD 2021 is the place to discover all this year's most buzzworthy breakthroughs in the field. Continuing education credits and continuing medication education credits will be available.

Expand your network and connect with both new and established leaders across the field of personality disorder research. NASSPD is not just an opportunity to learn, but the foremost opportunity to make lasting connections with others across the discipline.

Who Should Attend

Psychiatrists, clinical and research psychologists, social workers, psychiatric residents, and psychology interns.

Conference Learning Objectives

At the completion of the program, participants will be able to:

1. Describe the underlying neurobiological findings that correlates with suicide risk and will develop an algorithm to manage this risk in patients with personality.
2. Describe how to match patient characteristics with specific forms of psychotherapy and select appropriate psychosocial treatments for the personality disorders.
3. Implement an action plan to more effectively engage family members in the discussion of diagnosis and prognosis with their loved one with a personality disorder.

Participating Sponsors:



McLean Hospital offers exceptional care for adolescents and adults who are living with borderline personality disorder and coexisting diagnosis and symptoms such as depression, anxiety, addiction, and trauma. A top-rated hospital by U.S. News & World Report, McLean provides comprehensive, diagnostic assessment and compassionate, patient-centered treatment. Learn more about McLean's world-class approach to borderline personality disorder care.

<https://www.mcleanhospital.org/bpd>

8th Annual Conference Agenda

Friday, April 16, 2021

8:15-08:45 Sign in to Zoom

08:45-09:00 Opening Remarks

Stephanie Stepp, PhD, *NASSPD President, University of Pittsburgh*

09:00-09:45 Plenary Session - Advances in Personalized Treatment for Borderline Personality Disorder

Shelley McMain, PhD, *Centre for Addiction and Mental Health*

09:45-10:00 Break

10:00-11:20 Parallel Sessions

What Works and Why? Mechanism-Focused Treatment of Borderline Personality Disorder

Chair: Julianne Wilner Tirpak, MA, Boston University

Discussant: Kim Gratz, PhD, University of Toledo

- **Does DBT result in module-specific symptom change? The role of emotion regulation skills in changing symptoms across domains**
Jennifer Cheavens, PhD, The Ohio State University
- **A multi-study examination of emotional clarity as a BPD treatment mechanism**
Skye Fitzpatrick, PhD, York University
- **Theories of borderline personality disorder: A mechanistic evaluation**
Julianne Wilner Tirpak, MA, Boston University
- **Isolating mechanisms in the treatment of borderline personality disorder**
Shannon Sauer-Zavala, PhD, University of Kentucky

Hierarchical Taxonomy of Psychopathology (HiTOP): Personality—Psychopathology Connections

Discussant: Lee Anna Clark, PhD, University of Notre Dame

- **HiTOP and Criterion A of the AMPD**
Thomas Widiger, PhD, University of Kentucky
- **Higher order dimensions of psychopathology and borderline personality disorder symptoms in partial hospitalization patients**
Christopher Conway, PhD, Fordham University
- **Development of measures to assess the Hierarchical Taxonomy of Psychopathology (HiTOP): Integration of personality pathology with psychiatric symptomatology**
Leonard Simms, PhD, The State University of New York at Buffalo
- **Linking structure and function: The hierarchy of personality and psychopathology in daily life**
Aidan Wright, PhD, University of Pittsburgh

Dialectical Behavior Therapy 2021—New Directions and Novel Adaptations

Chair: Marianne Goodman, MD, James J Peters VAMC

Discussant: Shelley McMain, PhD, Centre for Addiction and Mental Health

- **Skills-Based group interventions adaptations for suicide prevention and covid-19 distress**
Marianne Goodman, MD, James J Peters VAMC
- **A modified DBT program for dysregulated treatment court participants**
Emily Edwards, PhD, James J Peters VAMC
- **DBT for suicidal and emotionally dysregulated male teens in a residential setting: During COVID and beyond**
Candace K. Eddy, LICSW; Alan E. Fruzzetti, Ph.D

11:20-12:20

Parallel Sessions

Individual Paper Presentations (Personality Disorder Symptoms and Treatment)

- ***Tailoring social support strategies to individuals with borderline personality features***
Stella Nicolaou, MS, *Gettysburg College and University of Barcelona*
- ***The Dynamics of Reasons for Living and Suicidal Ideation in Borderline Personality Disorder***
Aliona Tsypes, PhD, *University of Pittsburgh*
- ***Borderline personality and related pathologies as a network of temporally connected symptoms***
Haya Fatimah, MA, *University of South Florida*

Modeling Personality Pathology: Novel Applications of Quantitative Methods

Chair: Jessica Peters, PhD, Brown University

- ***Borderline personality disorder symptom networks in adults and adolescents: Reliability of network features across clinical samples***
Jessica Peters, PhD, *Brown University*
- ***Contrasting multiple quantitative approaches to identifying core components of Cluster B pathology***
Michael Crowe, MA, *Brown University*
- ***The structure of psychopathology in clinically referred early adolescents: Objectives for new research and qualified evidence of a general psychopathology factor***
Vera Vine, PhD, *University of Pittsburgh*

Physical Health, Functioning, and Borderline Personality Disorder

Chair: Mary Zanarini, EdD, Harvard Medical School/McLean Hospital

Discussant: Joel Paris, MD, McGill University

- ***Severity of physical pain and its interference in psychosocial functioning reported by patients with borderline personality disorder and personality-disordered comparison subjects followed prospectively over a decade***
Mary Zanarini, EdD, *Harvard Medical School/McLean Hospital*
- ***Longitudinal description and prediction of smoking among borderline patients: An 18-year follow-up study***
Marcelo Brañas, MD, *University of São Paulo*
- ***The relationship between psychosocial impairment, health status, and borderline personality disorder over time***
Frances Frankenburg, MD, *Boston University School of Medicine*

12:20-13:20

Lunch

13:20-14:05

Plenary Session - Crossing the alphabet divide: DBT, MBT, ST, TFP, and GPM for BPD

Kenneth Levy, Pennsylvania State University

14:05-15:25

Parallel Sessions

New Constructs in Developmental Affect Dysregulation: Capturing Transdiagnostic and Symptom-Specific Risk for Psychopathology

- ***Bridging body and mind in emotion experience: Individual differences in cardiac-subjective affect concordance and psychopathology***
Vera Vine, PhD, *University of Pittsburgh*
- ***Understanding the disconnect between physiological arousal and subjective experience among youth with externalizing problems and callous-unemotional traits***
Amy Byrd, PhD, *University of Pittsburgh*
- ***The psychiatric, behavioral, and neural correlates of early childhood overcontrol***
Kristen Gilbert, PhD, *Washington University School of Medicine*
- ***Physiological activation during the processing of dysphoric affect by youths at high and low familial risk for depression***
Shimrit Daches, PhD, *Bar-Ilan University*

Emotion is the Mechanism: The Role of Emotional Responses and Regulation Strategies Within Transdiagnostic Personality Dysfunction

Chair: Kibby McMahon, MA, *Duke University*

Discussant: Shannon Sauer-Zavala, PhD, *University of Kentucky*

- ***Considering the role of emotion regulation and anxiety in misophonia and personality disorders***
Clair Robbins, PhD, *Duke University Medical Center*
- ***A day in the life of borderline personality disorder: Hour-by-hour associations between emotions and emotion regulation behaviors***
Matthew Southward, PhD, *University of Kentucky*
- ***The naturalistic unfolding of emotions in borderline personality disorder: From prompting events to unique behaviors***
Nicole Cardona, MA, *Boston University*
- ***The impact of a brief, emotion regulation intervention on the ability to perceive other people's emotions in a transdiagnostic sample.***
Kibby McMahon, MA, *Duke University*

Thorny Problems in the Clinical Treatment of Borderline Personality Disorder

Chair: Sarah Fineberg, MD, PhD, *Yale University*

- ***Augmenting risk management: Practical applications of Transference-Focused Psychotherapy (TFP) principles***
Richard Hersh, MD, *Columbia University College of Physicians and Surgeons*
- ***Deprescribing in borderline personality disorder***
Sarah Fineberg, MD, PhD, *Yale University*
- ***Thorny issues in educating residents to treat BPD***
Daniel Price, MD, *Tufts University School of Medicine/Maine Medical Center*

15:25-15:40

Break

15:40-16:15

Speed Data-ing Talks

- ***Borderline personality disorder features and memory bias for interpersonal partner traits***
Kristen Howard, MA, *The Ohio State University*
- ***The role of emotion regulation in the relationship between BPD and impulsivity***
Elinor Waite, BA, *University of Massachusetts Amherst*
- ***Screening for borderline personality pathology on college campuses***

Kiana Wall, MA, *University of Houston*

- ***Do borderline personality disorder features predict emotion regulation use and outcomes in daily life? An ecological momentary assessment study***

Kayla Scamaldo, MA, *University of Toledo*

- ***Effects of Childhood Sexual Abuse on Perception of Stress in Borderline Personality Disorder***

Cheyenne K. Horner, *Cleveland State University*

- ***Normal and Abnormal Personality Correlates of Distress Tolerance***

Maria Martin, *Fordham University*

16:15-17:35

Parallel Sessions

Momentary Interpersonal Processes of Antagonism and Related Personality Disorders

Chair: Elizabeth Edershile, MS, *University of Pittsburgh*

Discussant: Aaron Pincus, *The Pennsylvania State University*

- ***Contextual triggers within narcissism: A momentary approach***
Elizabeth Edershile, MS, *University of Pittsburgh*
- ***Antagonism in daily life***
Colin Vize, MS, *Purdue University*
- ***Attachment and borderline personality disorder: Differential effects on daily socio-affective processes***
Aleksandra Kaurin, PhD, *University of Pittsburgh*
- ***The affiliative role of empathy in everyday interactions***
Whitney Ringwald, MSW, MS, *University of Pittsburgh*

Individual Paper Presentations (Antisocial Personality Disorder/Psychopathy, Impulsivity, and Borderline Personality Disorder)

- ***Examining the structure of the triarchic psychopathy measure: Sharpening assessment of psychopathy constructs***
Kasey Stanton, PhD, *Virginia Tech*
- ***Personalized models of psychopathology as contextualized dynamic processes: An example from individuals with borderline personality disorder***
William Woods, MS, *University of Pittsburgh*
- ***Momentary Dynamics of Emotion-Based Impulsivity: Exploring Associations with Dispositional Measures of Externalizing and Internalizing Psychopathology***
Brinkley Sharpe, BA, *University of Georgia*
- ***Identifying both diagnosed and potentially undiagnosed patients with borderline personality disorder from a large electronic health record database***
Marianne Goodman, MD, *James J Peters VAMC*

A Q&A Panel on Grant Writing for Young Researchers: NIH, NSF, and Beyond

Chair: Benjamin Johnson, MS, *The Pennsylvania State University*

Discussants: Kenneth Levy, PhD, *The Pennsylvania State University*; Carla Sharp, PhD, *University of Houston*

Panel members: Lori Scott, PhD, *University of Pittsburgh*; Aliona Tsytes, Ph.D., *The University of Pittsburgh*; Salome Vanwoerden, Ph.D., *University of Pittsburgh*

17:35

Adjournment

Saturday, April 17, 2021

08:00-08:30 Sign in to Zoom

08:30-09:15 **Plenary Session - Access to Psychotherapy for Patients with Personality Disorders**
Joel Paris, MD, *McGill University*

09:15-09:30 Break

09:30-10:50 **Parallel Sessions**

15 Minute Pitches on the Meaning of Criterion A

Chair: Carla Sharp, PhD, *University of Houston*

Discussant: Lee Anna Clark, PhD, *University of Notre Dame*

- ***Criterion A viewed through a developmental lens***
Carla Sharp, PhD, University of Houston
- ***Importance of self and other in defining personality pathology***
Aaron Pincus, PhD, The Pennsylvania State University
- ***Criterion A and the Five Factor Model***
Thomas Widiger, PhD, University of Kentucky
- ***An object relations perspective on the DSM-5's alternative model for personality disorders***
Kenneth Levy, PhD, The Pennsylvania State University

Social Influences on Emotional, Cognitive, and Behavioral Responding in Borderline Personality Disorder and Related Pathology

Chair: Kim Gratz, PhD, *University of Toledo*

- ***Impact of in-vivo and future social rejection on self-esteem in borderline personality pathology***
Julia Richmond, MA, University of Toledo
- ***The influence of social rejection on responses to an analogue addictive behaviors paradigm among young adults with BPD pathology***
Kim Gratz, PhD, University of Toledo
- ***The relevance of perceived social and emotional scarcity to emotional responding in the laboratory among adults with borderline personality pathology***
Keith Edmonds, MA, University of Toledo
- ***Learning in BPD: The influence of social stimuli and emotional state***
Katherine Dixon-Gordon, PhD, University of Massachusetts Amherst

Dynamic Risk Factors for Suicidal Thoughts and Behaviors in Youth and Young Adults

Chair: Lori Scott, PhD, *University of Pittsburgh*

Discussant: Lori Scott, PhD, *University of Pittsburgh*

- ***Last night's sleep predicts today's suicidal ideation among high-risk depressed adolescents and college students: Preliminary results from a longitudinal multi-method investigation of the sleep-suicide association***
Peter Franzen, PhD, University of Pittsburgh
The daily emotions and relationships (DEAR) study: An intensive longitudinal study of dynamic suicide risk processes in young adults
Lori Scott, PhD, University of Pittsburgh
- ***Examining theory-based risk factors for suicide: What can we learn from an ideographic approach?***
Sarah Brown, PhD, University of Pittsburgh
- ***Am I really here? Dissociation in daily life and adolescent suicide risk***
Vera Vine, PhD, University of Pittsburgh

10:50-11:50

Parallel Sessions

Moderators of the Relationship between Personality, Personality Disorders, and Self-Injurious Thoughts and Behaviors

Chair: Matthew Tull, PhD, University of Toledo

- ***Perceived efficacy for emotion regulation: Examining general and comparative emotion regulation self-efficacy in borderline personality disorder and nonsuicidal self-injury***
Tara Spitzen, MA, University of Toledo
- ***Suicide risk among individuals with BPD features and reduced pain sensitivity***
Lauren Haliczner, MA, University of Massachusetts Amherst
- ***The role of dispositional capability for suicide in suicidal ideation and attempts among patients with borderline personality disorder: Examination of the COMT Val158Met polymorphism***
Matthew Tull, PhD, University of Toledo

Individual Paper Presentations (Borderline Personality Disorder: Etiology, Differential Diagnosis and Treatment)

- ***How participants with borderline personality disorder experience a 22-week Dialectical Behavioral Therapy group in a non-traditional therapeutic setting***
Aaron Shalan-Webb, MS, The Priory Hospital Roehampton London/Body & Soul Non-Traditional Therapeutic Setting
- ***Bipolar and borderline personality disorder comorbidity: Differential diagnosis and implications for treatment***
Nina Hotkowski, MSW, Western Psychiatric Hospital
- ***Narrative Identity and Personality Disorder: an Empirical and Conceptual Review***
Majse Lind, PhD, University of Florida

Novel Treatment Approaches in Borderline Personality Disorder

Chair: Sarah Fineberg, MD, PhD, Yale University

- ***Peer interventions as a protective factor to support recovery in borderline personality disorder***
Paula Tusiani-Eng, LMSW, MDiv, Emotions Matter, Inc.
Jillian Papa, MPH, Action for Healthy Kids
- ***Magnetic seizure therapy for treatment-resistant depression and suicide ideation in patients with borderline personality disorder: Results from an open-label feasibility trial***
Jenna Traynor, PhD, Cpsych, University of Toronto Scarborough/Centre for Addiction and Mental Health
- ***Mapping treatment components to targets in dialectical behavior therapy***
Katherine Dixon-Gordon, PhD, University of Massachusetts Amherst

11:50-12:50

Lunch

12:50-13:35

Plenary Session – Scientific Updates on Non-Suicidal Self-Injury

Jill M. Hooley, D.Phil, Harvard University

13:35-14:55

Parallel Sessions

Current Research on the Neurobiology of Borderline Personality Disorder

- ***Amygdala resting state functional connectivity in bipolar II and borderline personality disorders***
D. Bradford Reich, MD, Harvard Medical School
- ***Cumulative life stress and hippocampal activation during recognition memory in major depressive disorder and borderline personality disorder***
Anthony C. Ruocco, PhD, University of Toronto
- ***Embodiment and borderline personality disorder***

Royce Lee, MD, *The University of Chicago*

- ***Distinct neural correlates of provoked aggressive behavior in borderline personality disorder***
Jennifer Fanning, PhD, *McLean Hospital*

Individual Paper Presentations (Personality Psychopathology, Self-harm, and Aggression)

- ***Pathological personality, relationship satisfaction, and intimate partner aggression: Analyses using the dsm-5 alternative model of personality disorder traits***
Madison Smith, MS, *Purdue University*
- ***Personality disorders and intimate partner aggression: A replication and extension in older, married couples***
Susan South, PhD, *Purdue University*
- ***Investigating translocator protein binding in borderline personality disorder with serious self-harm behavior: an [¹⁸F]-FEPPA positron emission tomography study***
Nathan Kolla, MD, PhD, *Centre for Addiction and Mental Health*
- ***Exploring the roots of aggression: The hierarchical structure of antagonism across personality disorders***
William Calabrese, PhD, *Stony Brook University*

Narcissistic Personality Disorder: Recent Developments in Studies and Treatment

Chair: Ela Ronningstam, PhD, *Harvard Medical School/McLean Hospital*

Discussant: Glen Gabbard, MD, *Baylor College of Medicine*

- ***Are all individuals with pathological narcissism or narcissistic personality disorder really vulnerable deep down inside? And do they need positive affirmations?***
Michal Weiss, PhD, *The Hebrew University of Jerusalem*
- ***Modification of treatment principles for various types of Narcissistic Personality Disorder patients***
Igor Weinberg, PhD, *Harvard Medical School/McLean Hospital*
- ***Transference and countertransference in dynamic psychotherapy with patients with pathological narcissism***
Holly Crisp, MD, *Baylor College of Medicine*
- ***Facilitators and obstacles for change in pathological narcissism and narcissistic personality disorder***
Elsa Ronningstam, PhD, *Harvard Medical School/McLean Hospital*

14:55-15:10

Break

15:10-16:05

Poster Sessions: Posters 1-9

Session Moderator: Dr. Stephanie Stepp

Poster Sessions: Posters 10-18

Session Moderator: Dr. Carla Sharp

16:05-16:50

Awards Ceremony

16:50-17:05

Closing Remarks

Stephanie Stepp, PhD, *NASSPD President, University of Pittsburgh*

17:05

Adjournment

Posters

- 1. Characterizing interpersonal emotion regulation in relation to borderline personality disorder features**
Kristen Howard, MA, The Ohio State University
- 2. Parental Criterion A function and adolescent borderline personality pathology**
Sophie Kerr, BA, University of Houston
- 3. Meta-analysis of internet-based interventions for perfectionism**
Evan Illiakis, BA, University of Pennsylvania
- 4. Self-Reported Attachment, Computerized Reflective Functioning, and Borderline Personality Disorder: A Study Assessing the Role of Social and Neuro-Cognition**
Gabrielle Ilagan, BA, McLean Hospital
- 5. The "dark side" of success: An analysis of the role of charisma in predicting the relation between psychopathy and success**
Emma-Clementine Welsh, MS, The State University of New York at Binghamton
- 6. Associations between Eating Pathology and Personality Pathology in a Newlywed Sample**
Samantha Dashineau, MS, Purdue University
- 7. Self-injurious thoughts and behaviors among non-heterosexual young women**
Qi Chen, University of Pittsburgh
- 8. Examining the role of race and socioeconomic status on the relationship between potentially traumatic events and BPD features in college students**
Nikita Parulkar, BS, University of Massachusetts Amherst
- 9. Prospective associations between borderline and antisocial personality disorder symptoms and aggressive behavior: Mediating roles of emotion dysregulation and impulsivity**
Zachary J. Nitsch, University of Pittsburgh
- 10. Risk for emotion dysregulation in preschool children and associations with internalizing and externalizing psychopathology**
Olivia Frigoletto, BS, University of Pittsburgh
- 11. The Inventory of Personality Organization: Measurement invariance across race and ethnicity**
Jessica Hernandez Ortiz, BS, University of Houston
- 12. Interpersonal theory and instability in borderline personality disorder**
Alison Smith, University of Pittsburgh
- 13. Shame and Borderline Personality Features in Inpatient Adolescents: The Moderating Role of Adverse Experiences**
Nabeeha Asim, University of Houston
- 14. White Matter Endpoint Metric of Diffusion Tensor Imaging in Borderline Personality Disorder**
Daniel Lo, University of Pittsburgh
- 15. Impacts of Early-Life Traumas on Conduct Disorder and Anti-Social Personality Disorder**
Julia Zagaroli, Massachusetts General Hospital
- 16. COVID-19 DBT-Adaptation: Understanding the Impact on Stress, Anxiety & Depression**
Emily Mitchell, James J. Peters Veterans Affairs Medical Center
- 17. Maladaptive emotion regulation mediates the relationship between sympathetic reactivity and self-harm tendencies within a borderline personality disorder context**
Cheyene Horner, BA, Cleveland State University

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For additional information on presenters or presentations, please contact Doreen Barkowitz at barkowitzdh@upmc.edu.

Continuing Education Credit – NASSPD 2021 Annual Conference – April 16, 2021

Physicians

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists



As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 4.5 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Educational Resources and Planning, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for a maximum of 4.5 continuing education credits.



Counselors

UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for a maximum of 4.5 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 4.5 continuing education credits.

Other Healthcare Professionals

Nurses and other health care professionals are awarded a maximum of .450 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming a maximum of 4.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at mundnl@upmc.edu.*

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Other Healthcare Professionals

Nurses and other health care professionals are awarded a maximum of .350 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming a maximum of 3.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.



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Obtaining Continuing Education (CE) and Continuing Medical Education (CME) Credits

BY APRIL 15, 2021, please do the following to obtain Continuing Education (CE) or Continuing Medical Education (CME) credits. You will not be able to sign up once the conference day has ended:

Although you have registered for this event at www.NASSPD.org, you still need to register for continuing education credits at [The North American Society for the Study of Personality Disorders \(NASSPD\)-Day One | UPMC - Center for Continuing Education in the Health Sciences for April 16, 2021](#); and

[The North American Society for the Study of Personality Disorders \(NASSPD\)-Day Two | UPMC - Center for Continuing Education in the Health Sciences for April 17, 2021](#) to access the evaluation and if you require, CE and CME credits. You may need to create an account first, and then register.

After the program, you will return to the link above and follow these directions:

1. Log in
2. Go to "My Account"
3. Go to "My Courses"
4. Look under "Pending Courses" and click on the course for whatever day(s) you attended
5. Complete the evaluation (not required except for the questions about what CE credits you're applying for) and follow the prompts. If you need a certificate other than APA or LSW/LCSW/LPC/LMFT, please answer those questions in the evaluation and the certificate will be e-mailed to you in four to six weeks.
6. If you're unable to "see" your certificate, go back to "My Courses" and click on "Completed Activities". The certificate will be available to download.