

Annual Meeting of the NASSPD

Friday – Saturday April 21-22, 2023

Day 1 – Friday, 4/21/23

The Conference Center at Waltham Woods, 860 Winter St, Waltham, MA 02451

8:15a Breakfast Available

8:45 – 9:00a Welcome and Opening Remarks

9:00 – 10:00a Keynote Presentation 1 (Auditorium)

Implementation of Dialectical Behavior Therapy, Transference Focused Psychotherapy, and Mentalization Based Therapy in Diverse Patient Populations: Expert Panel Discussion and Q&A

Moderator: Shirley Yen, Ph.D.

Presenters:

Kenneth Levy, Ph.D., Penn State University (TFP)

Shireen Rizvi, Ph.D., Rutgers University (DBT)

Brandon Unruh, M.D., Mclean Hospital / Harvard Medical School (MBT)

10 – 10:15a Coffee and snack break

10:15 – 11:30a Concurrent sessions

Session 1: Interventions Early in Development (Auditorium)

Moderator/support: Sarah Fineberg, M.D. Ph.D.

1a. Peer Online Support Groups for BPD

Evan Nault, BA, Emotions Matter, Texas A&M University

Jillian Papa, MPH, Emotions Matter

1b. Borderline Intervention for Work Integration (BIWI): A New Program to Support Persons with Borderline Personality Disorders

Nadine Larivière OT(C), Ph.D., Université de Sherbrooke

1c. Ketamine in Borderline Personality Disorder: Preliminary Pilot Data

Esther Y. Choi, B.S., Yale University School of Medicine

1d. Initial Development of a Brief Measure of Clinical Dimensions Targeted in Cognitive Behavioral Treatment Planning

Kasey Stanton, Ph.D., University of Wyoming

1e. Psychodynamic Treatment of Personality Psychopathology via a Remote, Video-based Intensive Outpatient Program (IOP) for College Students

Seth R. Pitman, Ph.D., Austen Riggs Center

Session 2: Models and structure of personality pathology (Berkshire Room)

Moderator/Support: Anthony Ruocco, Ph.D.

2a. Investigating a Common Structure of Personality Pathology and Attachment

Madison Shea Smith, Ph.D., Northwestern University

2b. A Bridge between DSM-5 Section II Personality Disorder Criteria and ICD-11 Personality Disorder Trait Domains

Holly F. Levin-Aspenson, Ph.D., University of North Texas

2c. Recent Challenges to the Diagnosis of BPD

Joel Paris, M.D., McGill University

2d. A State Space Grid Analysis of Mother-Preschooler Interactions in Relation to Maternal BPD

Salome Vanwoerden, Ph.D., University of Pittsburgh

2e. ISSPD Consensus Project for the Construct of Borderline Personality Disorder: Preliminary Data

Carla Sharp, Ph.D., University of Houston

11:40a – 12:30p Keynote Presentation 2 (Auditorium)

Lived Experience Perspectives on Recovery

Moderator: Marianne Goodman, M.D.

Presenters:

Jillian Papa, M.P.H., Emotions Matter

Kali Pezzi, M.F.A., Emotions Matter

12:30 – 1:30p Lunch and poster mounting

1:30 – 2:15p Poster session (Berkshire Room)

Posters may stay up through the end of the day

2:15 – 3:15p Keynote Presentation 3 (Auditorium)

Introduction: Sarah Fineberg, M.D. Ph.D.

Can Patients with BPD Flourish?

Mary Zanarini, Ed.D., McLean Hospital / Harvard Medical School

3:15 – 4p Consultation Roundtables

Introduction to Roundtables: Jess Peters, Ph.D.

Table A. Case Discussions – Diagnostic Disclosure

Facilitators: Mary Zanarini, Ed.D., McLean Hospital / Harvard Medical School &

Mark Zimmerman, M.D., Rhode Island Hospital / Warren Alpert Medical School of Brown University

Table B. Case Discussions – Managing Risk

Facilitators: Brandon Unruh, M.D., McLean Hospital / Harvard Medical School &

Elizabeth Simpson, M.D., Massachusetts Mental Health Center, Harvard Medical School

Table C. DBT Skills to Take Home

Facilitators: Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst &

Shireen Rizvi, Ph.D., Rutgers University

Table D. Getting into Graduate School in Psychology

Facilitators: Matt Southward, Ph.D., University of Kentucky & Jen Cheavens, Ph.D., The Ohio State University

Table E. BPD grants (NARSAD, AFSP, NIH, Canadian grants)

Facilitators: Anthony Ruocco, Ph.D., University of Toronto – Scarborough; Beth Elliott, Ph.D., M.S.W. -- Families for BPD Research; & Jess Peters, Ph.D., Alpert Medical School at Brown University

Table F. Working with Lived Experience Personnel on Research Projects

Facilitators: Sarah Fineberg, M.D. Ph.D., Yale University & Jillian Papa, M.P.H., Emotions Matter

Table G. Intervention Development

Facilitators: Shirley Yen, Ph.D., Beth Israel Deaconess Medical Center / Harvard Medical School & Shannon Sauer-Zavala, Ph.D., University of Kentucky

4-4:15p Coffee and snack break

4:15 – 5p Speed talks (5 min each) (Auditorium)

Moderator: Stephanie Stepp, Ph.D.

S1. Defining the BPD “Favorite Person”: A Descriptive Analysis of Social Media Posts

Alexandra Stein, B.A., Fairleigh Dickinson University

S2. The availability of Dialectical Behavior Therapy in partial hospitalization and residential services for borderline personality disorder: an exploratory longitudinal study of the National Mental Health Services Survey from 2014-2021

Daniel S. Spina, M.S., Penn State University

S3. Does Borderline Personality Disorder Present Differently in Patients with and without PTSD?

Juyoung Yun, B.A., Rhode Island Hospital / Warren Alpert Medical School of Brown University

S4. The Intervening Role of Emotion Regulation and Conditional Effects of Familial Support on the Likelihood of Psychiatric Rehospitalization for Inpatients with Borderline Personality Disorder Features

Kellyann M Navarre, B.A., Cleveland State University

S5. Psychometric Evaluation of the Semi-Structured Interview for Personality Functioning (STiP-5.1) in a North American Sample

Kennedy M Balzen, B.S., University of Houston

Day 2 – Saturday, 4/22/23

The Conference Center at Waltham Woods, 860 Winter St, Waltham, MA 02451

8:15a Breakfast Available**9 – 10a Keynote Presentation 4 (Auditorium)**

*What Are – And Do We Have – the Data needed to Change the Classification of Personality Disorder?
A Panel featuring Different Perspectives.*

Moderator: Shirley Yen, Ph.D.

Mark Zimmerman, M.D., Rhode Island Hospital / Warren Alpert Medical School of Brown University

Lee Anna Clark, Ph.D., University of Notre Dame

10 – 10:45a Speed talks (5 min each) (Auditorium)

Moderator: Stephanie Stepp, Ph.D.

S7. Predicting Non-suicidal Self-Injury over time: The Effects of Race and Emotion Regulation Strategies

Sarah E. Huffman, B.A., University of Massachusetts Amherst

S8. Developmental Trajectories of Peer Functioning Uniquely Predict BPD and MDD symptoms in Adolescence

Kiran Boone, B.A., Washington University

S9. Shame & Suicide Ideation in Emerging Adulthood: Investigating the Link & the Buffering Effect of Mindfulness and Positive Emotions

Natalia Macrynika, Ph.D., Beth Israel Deaconess Medical Center, Harvard Medical School

S10. What Aspects of Childhood Sexual Abuse Really Do Predict Borderline Personality Disorder?

Caitlin E Krause, M.A., Fairleigh Dickinson University

S11. A Comparison of Reported Childhood Trauma and Five-Factor Personality Characteristics in Borderline Personality Disorder and Bipolar 2 Disorder

D. Bradford Reich, M.D., Mclean Hospital / Harvard Medical School

S12. Self-pathology and Instability of Self-esteem and Narcissism: An EMA study

Michael A. Antonelli, Trinity University

10:45 – 11:00a Coffee and snack break**11:00a – 12:00p Concurrent Sessions****Session 3 (Berkshire Room)**

Moderator/Support: Jess Peters, Ph.D.

Symposium: Disentangling the Interrelations of Interpersonal and Emotional Processes in BPD

Elinor Waite, M.S., University of Massachusetts Amherst

Skye Fitzpatrick, Ph.D., York University

Jennifer Cheavens, Ph.D., The Ohio State University

Session 4 (Auditorium)

Moderator/Support: Sharon Nelson, Ph.D.

4.A Symposium: Measuring Self-other Distinction in Borderline and other Personality Disorders – Challenges and Opportunities

Celine De Meulemeester, Ph.D., University of Leuven

Henryk Bukowski, Ph.D., University of Louvain

Ekaterina Pronizius, M.Sc., University of Vienna

4.B. Prison or Treatment?: Comparing Gender & Racial Differences in Mental Health Care Utilization and Criminal Justice History in Persons with Borderline,

Gabriella Epshteyn, M.A., VISN 2 MIRECC, James J Peters VA Medical Center & University of Rhode Island

12 – 12:45p Lunch**12:45 – 1p Awards Presentation (Auditorium)**

Donald Black, M.D.

1p – 2p Concurrent Sessions**Session 5: (Auditorium)**

Moderator/Support: Marianne Goodman M.D.

5.A. Patients with Borderline Personality Disorder Who Do Not Believe They Deserve to Get Better: Prevalence and Clinical Characteristics

Mark Zimmerman, M.D., Rhode Island Hospital / Warren Alpert Medical School of Brown University

5.B. Symposium: The Multifaceted Long-term Course of Borderline Personality Disorder

Christina M. Temes, Ph.D., Massachusetts General Hospital / Harvard Medical School

Katherine E. Hein, M.H.S., Oklahoma State University

Ueli Kramer, Ph.D., University of Lausanne

Session 6: (Berkshire Room)

Moderator/Support: Katherine Dixon-Gordon, Ph.D.

Oral Session

6.A. Emotion Regulation Skillfulness Predicts Session-to-Session Reductions in Criterion A and BPD features in a Novel Cognitive-behavior Therapy for BPD

Matthew Southward, Ph.D., University of Kentucky

6.B. Emotion Regulation as a Mechanism of Efficacy in Dialectical Behavior Therapy: Incorporating Wearables and Ecological Momentary Assessment into Treatment

Shireen Rizvi, Ph.D., Rutgers University

6.C. Characterizing Sex Differences in Treatment Outcomes of a comprehensive Dialectical Behavior Therapy Program

Alison M. Schreiber, M.S., University of North Carolina - Chapel Hill

6.D. Recognizing Borderline Personality Disorder in Men: Gender Differences in Borderline Personality Disorder Symptom Presentation

Saivone N Sanchious, B.A., Rhode Island Hospital / Warren Alpert Medical School of Brown University

6.E. Effects of Group Psychotherapy for Nonsuicidal Self-Injury: A Meta-Analysis

Sara Masland, Ph.D., Pomona College

2p – 3:15p Concurrent Sessions

Session 7 (Auditorium)

Symposium: What's in it for My Clients? The Why and How of Dimensional Models of Psychopathology in the Clinic

Moderator/Support: Matt Southward, Ph.D.

Presenters:

Leonard Simms, Ph.D., University of Buffalo

Caroline Balling, M.S., Purdue University

Nicole Stumpp, M.S., University of Kentucky

Shannon Sauer-Zavala, Ph.D., University of Kentucky

Discussant: Stephanie Mullins-Sweat, Ph.D., Oklahoma State University

Session 8 (Berkshire Room)

Symposium: Advancing the Cognitive Phenotypes of Personality Pathology using Computational Decision-making Paradigms

Moderator/Support: Anthony C. Ruocco, Ph.D.

Presenters:

Jacob Koudys, Ph.D., University of Toronto - Scarborough

Timothy Allen, Ph.D., University of Pittsburgh School of Medicine

Alison Schreiber, M.S., University of North Carolina - Chapel Hill

Sarah Fineberg M.D., Ph.D., Yale University School of Medicine

3:15 – 3:30p Coffee and Snack Break

3:30 – 4:30p Keynote Presentation 5

Introduction: Sarah Fineberg, M.D. Ph.D.

Blaise Aguirre, M.D., McLean Hospital / Harvard Medical School

Borderline Personality Disorder and Self-hatred:

The nature, development and treatment of self-hatred in BPD, and related conditions

4:30 – 4:45p Conference closing

Posters

Personality & Co-Morbid Disorders

1. Do AMPD Domains Predict Treatment Outcomes in Individuals With Major Depressive Disorder? – Shereen Khoo, Ph.D., Rhode Island Hospital/Warren Alpert Medical School of Brown University
2. The Effects of Borderline Personality Disorder Symptoms on Disordered Eating Behaviors During Partial Hospitalization – Dominic Denning, B.A., University of Massachusetts Amherst
3. ADHD Prevalence in Inpatients and Outpatients with Borderline Personality Disorder – Kelly Huynh, B.A., Eastern Virginia Medical School
4. Does Borderline Personality Affect Treatment Trajectories of Patients with Major Depressive Disorder? - Sin-Ying Lin, M.A., Department of Psychiatry, Warren Alpert Medical School of Brown University
5. Associations of Borderline Personality Disorder and ADHD Diagnoses with Aggression and Self Harming Behavior in an Adolescent Inpatient Sample – Yunshu Yu, B.S., Alpert Medical School of Brown University
6. Attentional Performance in Comorbid Borderline Personality Disorder and Post-Traumatic Stress Disorder - Tramy Nguyen, Yale University
7. Borderline Personality Disorder and Posttraumatic Stress Disorder: Patterns of Emotional Reactivity and Regulation - Clara DeFontes, M.S., University of Massachusetts Amherst

Suicide

8. Examining Mechanisms and Moderators of the Relationship between Narcissistic and Borderline traits and Suicide - Tongyao Ran, B.A., Johns Hopkins University
9. Exploring the Relationships between Emptiness, Interpersonal Stress and Suicidality in Borderline Personality Disorder - Maya Ahia, B.A., University of Toronto

Models of Personality Disorders & Risk Factors for Pathology

10. Alternative Model of Personality Disorder Components Account for Significant Variation in Emotion Dysregulation Isabella A Manuel, B.S., Fordham University
11. Personality Psychopathology and Executive Functions: General and Specific Associations - Michael Carnovale, M.A., University of Toronto Scarborough
12. Bipolarity in the Alternative Model of Personality Disorders - Alexandra Hines, B.S., University of Kentucky
13. Neuroticism, self-esteem, and stress among older adults - Maya Amestoy, B.A., University of Toronto Scarborough

Borderline Personality Disorder

14. Longitudinal Course of Physical and Psychosocial Impairment in Patients with Borderline Personality Disorder and Personality-Disordered Comparison Subjects: Description and Prediction – Isabel Glass, B.A., McLean Hospital
15. The 8-year Course of Physical Pain Reported by Patients with Borderline Personality Disorder and Personality-disordered Comparison Subjects - Alma Bitran, B.S., New York State Psychiatric Institute/Columbia University
16. Comparison of functioning in various life domains in men and women with borderline personality disorder - Nadine Lariviere, OT (C), Ph.D., Université de Sherbrooke

17. The Effect of Borderline Personality Disorder on Outcomes for IPV Treatment - Neha Pathak, B.A., University of Houston
18. Social Comparisons in those with Borderline Personality Disorder Traits: Merging Social Comparison Theory and Social Cognition in Borderline Personality Disorder Lexie J Duhon, B.S., University of Houston-Clear Lake
19. Executive Function Contributors to Functional Disability: A Dimensional Approach to Borderline Personality Disorder - Orly Lipsitz, BScH, University of Toronto
20. A Project Proposal to Analyze Language in BPD and Trauma-Related Disorders – Jackie Welch, MSN, Yale University School of Medicine and Raymond G. Murphy VA Medical Center, Albuquerque, NM
21. Acting & Reacting: Investigating the relationship between Borderline Personality Disorder and stressful life events -- Victoria Trimm, B.A., The Ohio State University
22. Computerized Reflective Functioning & BPD Symptomatology - Nathaniel Lovell-Smith, B.A., The Pennsylvania State University

Coping Behaviors & Protective Factors

23. Experiential Avoidance in Individuals with Borderline Personality Disorder and Other Personality Disorders Tess Gecha, B.A., McLean Hospital
24. The Protective Impact of Social Support on the Culmination of Rumination and Self-Harm Behaviors in Borderline Personality Disorder - Kellyann Navarre, B.A., Cleveland State University
25. Is Borderline Personality Disorder Pathology and Higher Emotional Awareness associated with More Accurate Forecasting for Non-suicidal Self-injury Urges? - Hannah Krall, B.A., Rutgers University
26. The Relation of Attachment Style to Non-Suicidal Self-Injury in Young Adults: The Moderating Effect of Self-Concept Clarity - Alec Trahan, B.A., Pennsylvania State University

Intervention & Assessment

27. The Association Between COVID Stress, Personality Pathology, and Impact of Dialectical Behaviour Therapy - Amanda Magurno, Hon. B.Sc., University of Toronto Scarborough
28. Does Treatment Intensity Matter?: Examining Changes in Personality symptom profiles in Dialectical Behavior Therapy - Maya Amestoy, B.A., University of Toronto Scarborough
29. Cognitive remediation as a tool to improve psychosocial functioning of BPD patients Frédérique Delisle, B.Sc. (Hons), Centre de recherche de l'Institut universitaire en santé mentale de Montréal
30. Explicit and Implicit Biases Toward Patients with Borderline Personality Disorder and Self-Harm Behaviors in a Sample of Emergency Department Providers - Elinor Waite, M.S., University of Massachusetts Amherst
31. An Examination of the Reading the Mind in the Eyes task performance in Borderline Personality Disorder in a pilot Ketamine Treatment Study - Milana Khaitova, B.A., Yale School of Medicine
32. Assessment of Long Term Potentiation in Borderline Personality Disorder - Angélique de Rouen, Yale College
33. The Rorschach Performance Assessment System and Personality: Associations with PID-5 and SCID-2 - John Rucker, M.S., Baylor College of Medicine - The Menninger Clinic

Teens, Adolescents & Families

34. Validation of the BPFSC-11 in Lithuanian Adolescents - Madeleine Allman, MPH, M.A., University of Houston
35. Early Pubertal Timing in Inpatient Female Adolescents: Associations with Adverse Childhood Experiences, Emotion Dysregulation, and Psychiatric Symptoms - Megan Fydenkevez, B.A., Brown University
36. Impact of Level of Personality Functioning on Parental Reactions to Children's Negative Emotions - Tess Gecha, B.A., University of Houston
37. Do adolescent BPD features moderate the association between maternal BPD features and parenting behaviors? Sophie Kerr, M.A., University of Houston
38. Incremental utility of maladaptive self- and interpersonal functioning over and above general psychiatric severity in predicting adolescent personality pathology Breana R Cervantes, B.A., University of Houston

Gender & Minority Group Focus

39. Gender Differences in Narcissistic Personality Traits: Replicating Results Using Multiple, Valid Measures - Natisha Charoenmins, Arizona State University
40. A Qualitative Exploration of Feelings of Rejection for Suicidal LGBTQ+ Youth - Kaitlyn Gorman, M.A., Beth Israel Deaconess Medical Center/Harvard Medical School
41. The Effect of Women's Financial Independence on the relationship between Psychological IPV and Antisocial Personality Disorder - Alana Silber, B.A., University of Houston
42. Association Between Typologies of Antagonistic Personality Traits and Aggressive Behaviors - Abbey Robbins, M.S., Palo Alto University

LEARNING OBJECTIVES

Our conference brings together dozens of esteemed clinician-researchers from a wide range of backgrounds. In this setting you will be in an optimal environment to engage with these individuals, discuss complex questions, and collaborate with other attendees to enhance your ability to apply your learning within patient care settings.

- Describe how to implement a dimensional model of characterizing personality disorders in a clinic.
- Describe ways in which evidenced based interventions such as Dialectical Behavior Therapy, Transference Focused Psychotherapy, and Mentalization Based Therapy have been adapted for implementation in clinics that serve diverse patient populations.
- Describe alternative treatment targets for those with personality disorders.

CE INFORMATION

Registration includes CE/CME credits (Psychologists and Social Workers will need to attend the full program to receive CE credits), and are available for both in-person and virtual attendees.

Psychologists

This program is co-sponsored by McLean Hospital and The North American Society for the Study of Personality Disorders (NASSPD). McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 11.75 C.E. hour(s) for psychologists.

Social Workers

This program has been approved for 11.5 Continuing Education hours for relicensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons College Schools of Social Work Authorization Number D91806.

Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of McLean Hospital and The North American Society for the Study of Personality Disorders (NASSPD). McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians.

McLean Hospital designates this educational activity for a maximum of 11.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses

This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 11.75 contact hours of nursing continuing education credit. Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

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Sarah Fineberg, MD PhD	Planner, Speaker	Boehringer Ingelheim	Investigator Advisory Board
Marianne Goodman, MD	Speaker	Boehringer Ingelheim	Consultant
Mary Zandarini, EdD	Speaker	Boehringer Ingelheim Signant Health	Consultant Royalties for Intellectual Property

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